













Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 9AM RUMMIKUB 9:45AM HEALTHY STEPS EXERCISE 9:30AM PENNY POKER 10:30-NOON INT. BRIDGE LESSONS 10:45AM LINE DANCING NOON - 2:30PM BRIDGE 12:15 HOME NURSING AGENCY PRESENTATION 1:00PM MAH JONGG</p> 	<p>4 9AM RUMMIKUB / PUZZLES 10AM HIKING</p>  <p>11AM WEIGHT TRAINING</p>	<p>5 8:30-10:30 COMPUTER LESSONS (Must pre-register) 9AM RUMMIKUB / PUZZLES 10-10:30 LINE DANCING LESSONS 10:45 AM LINE DANCING 12:15 PM MUSICAL QIGONG  12:15PM SENIOR SIZE EXERCISE WITH HEARTHSIDE 5-7 PM TAI CHI (Must pre-register)</p>	<p>6 9AM GROCERY SHOPPING 9AM RUMMIKUB 11AM WEIGHT TRAINING 10:30 BEGINNER BRIDGE LESSONS NOON - 2:30PM BRIDGE 12:30-3:30PM ARTIST OPEN STUDIO  5:15PM STRETCH, WEIGHTS, & WALK</p>	<p>7 10-1 MURDER MYSTERY LUNCHEON \$14 CENTER ONLY OPEN TO LUNCHEON PARTICIPANTS</p>
<p>10 9AM RUMMIKUB 9:45AM HEALTHY STEPS EXERCISE 9:30AM PENNY POKER 10:30-NOON INT. BRIDGE LESSONS 10:45AM LINE DANCING NOON - 2:30PM BRIDGE 12:15 APRIL SHOWERS (BRING A DONATED ITEM TO HELP THE CENTER...TOILET TISSUE, HAND SOAP, PLASTIC FORKS, SMALL PAPER PLATES, KLEENEX, SALT, PEPPER, HOT COCOA, 3 FOLD PAPER TOWELS,) 1:00PM MAH JONGG 5:15PM STRETCH, WEIGHTS, & WALK</p>	<p>11 9AM RUMMIKUB PUZZLES 10AM HIKING 11AM WEIGHT TRAINING NOON NICKLE BINGO 1 PM CANASTA</p> 	<p>12 9AM RUMMIKUB PUZZLES 10AM LINE DANCING LESSONS 10:45AM LINE DANCING 11:30 AM EASTER PARTY COVERED DISH LUNCHEON  5-7 PM TAI CHI (Must pre-register)</p>	<p>13 9AM GROCERY SHOPPING  9AM RUMMIKUB 11AM WEIGHT TRAINING 10:30 BEGINNER BRIDGE LESSONS 11AM WEIGHT TRAINING NOON - 2:30PM BRIDGE 12:30-3:30PM ARTIST OPEN STUDIO 5:15PM STRETCH, WEIGHTS, & WALK</p>	<p>14 10:45AM LINE DANCING COST SAVINGS DAY NO MEALS OR TRANSPORTATION SAT, APR 15, 9-11 AM TAI CHI (Must pre-register)</p>

<p>17 10:30-NOON INT. BRIDGE LESSONS 10:45AM LINE DANCING NOON - 2:30PM BRIDGE</p> <p>COST SAVINGS DAY NO MEALS OR TRANSPORTATION</p>	<p>18 9AM RUMMIKUB PUZZLES 10AM HIKING 11AM WEIGHT TRAINING 1PM CANASTA</p> <p>6PM-8PM VISION AWARENESS</p> 	<p>19 8:30-10:30 COMPUTER LESSONS (Must pre-register) 9AM RUMMIKUB / PUZZLES 10AM LINE DANCING LESSONS 10:45AM LINE DANCING 10:30AM OMNI BLOOD PRESSURE 12:15PM MUSICAL QIGONG 12:15PM SENIOR SIZE EXERCISE WITH HEARTHSIDE 12:15PM BOOK DISCUSSION GROUP 5-7 PM TAI CHI (Must pre-register)</p>	<p>20 9AM GROCERY SHOPPING 9AM RUMMIKUB 11AM WEIGHT TRAINING 10:30 BEGINNER BRIDGE LESSONS 11AM WEIGHT TRAINING NOON - 2:30PM BRIDGE 12:30 GENEALOGY CLUB IN THE COMMUNITY ROOM 12:30-3:30PM ARTIST OPEN STUDIO 5:15PM STRETCH, WEIGHTS, & WALK</p>	<p>21 9AM PUZZLING PICTURE RUMMIKUB 10AM OPEN CRAFTS 9:45AM HEALTHY STEPS EXERCISE 10:45AM LINE DANCING 12:15PM 50/50 DRAWING 12:15PM CHARITABLE GIVING PRESENTATION 1PM HAND AND FOOT CANASTA SAT, APR 22, 9-11 AM TAI CHI (Must pre-register)</p>
<p>24 9AM RUMMIKUB 9:45AM HEALTHY STEPS EXERCISE 9:30AM PENNY POKER 10:30-NOON INT. BRIDGE LESSONS 10:45AM LINE DANCING NOON - 2:30PM BRIDGE 1:00PM MAH JONGG</p>  <p>5:15PM STRETCH, WEIGHTS, & WALK</p>	<p>25 9AM RUMMIKUB PUZZLES 11 AM WEIGHT TRAINING</p> <p>NOON DIME BINGO</p>  <p>1:00 CANASTA</p>	<p>26 9AM RUMMIKUB PUZZLES 10AM LINE DANCING LESSONS 10:45AM LINE DANCING 12:15PM MUSICAL QIGONG 12:15PM SENIOR SIZE EXERCISE WITH HEARTHSIDE 5-7 PM TAI CHI (Must pre-register)</p>	<p>27 9AM GROCERY SHOPPING 9AM RUMMIKUB 11AM WEIGHT TRAINING 10:30 BEGINNER BRIDGE LESSONS 11AM WEIGHT TRAINING NOON - 2:30PM BRIDGE 12:30-3:30PM ARTIST OPEN STUDIO 5:15 PM STRETCH, WEIGHTS & WALK</p> 	<p>28 9AM RUMMIKUB 9:30 WINE BOTTLE LIGHTS CRAFT \$25 (Must pre-register)</p>  <p>10AM OPEN CRAFTS 9:45AM HEALTHY STEPS EXERCISE 10:45AM LINE DANCING 1PM HAND AND FOOT CANASTA SAT, APR 29, 9-11 AM TAI CHI (Must pre-register)</p>