

# Centre Region Active Adult Center Menu – - April 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
BBQ Chicken Breast Baked Potato w/Sour Cream Broccoli Fresh Pear Dinner Roll	Roast Pork Loin Mashed Sweet Potatoes Coleslaw Vanilla Wafers Banana Pudding Dinner Roll	Beef Ravioli in Marinara Sauce Tossed Salad Raspberry Sherbet Garlic Breadstick	Baked Turkey Pot Pie w/Potatoes & Mixed Vegetables Coleslaw Tropical Fruit Salad Buttermilk Biscuit	“Walking Taco” Fiesta Corn Salad Mini Funnel Cake <b>CENTER ONLY OPEN TO MURDER MYSTERY LUNCHEON PARTICIPANTS</b>
10	11	12	13	14
Sweet & Sour Meatballs Blended Rice California Blend Vegetables Mandarin Oranges in Orange Jello Fortune Cookie	<b>Easter Lunch</b> Chicken Cordon Bleu Garlic Mashed Potatoes French Style Green Beans Yellow Cake with Icing Dinner Roll	<b>COVERED DISH EASTER LUNCHEON</b>	Grilled Salmon Fillet w/cream sauce Wild Rice Sweet Peas Tossed Salad Pineapple Juice Pineapple Upside Down Cake Breadstick	<b>COST SAVINGS DAY NO MEALS</b>
17	18	19	20	21
<b>COST SAVINGS DAY NO MEALS</b>	All Beef Hot Dog w/Cheese Creamy Tomato Soup w/Crackers Apricots Sugar Cookie Whole Wheat Sandwich Roll	BBQ Pulled Pork Sandwich Mashed Sweet Potatoes Coleslaw Corn Drop Biscuit Fresh Tangerine	Chef Salad (ham, turkey, egg & cheese) Tossed Salad w/ tomato, carrots, & cabbage Cottage Cheese Peaches Crackers	Breaded Fish Sandwich Cheesy Broccoli Soup Tossed Salad Ice Cream Sandwich Roll Tartar Sauce
24	25	26	27	28
Hamburger Lettuce/Tomato Potato Salad Pickled Beets Melon Ketchup/Mustard WW Sandwich Roll	Tuscan Chicken w/Sundried Tomato Cream Sauce Penne Pasta Tossed Salad Fresh Seasonal Fruit Cookie Breadstick	Ham & Swiss Cheese on Whole Wheat Lettuce & Tomato Italian Wedding Soup Cole Slaw Mixed Fruit Fluff	Beef & Cheese Lasagna w/Cheese Tossed Salad w/Tomato, Carrots & Red Cabbage Hot Applesauce Vanilla Ice Cream Garlic Breadstick	Grilled Chicken Salad w/Cheese Mixed Greens w/Tomato, Carrots & Red Cabbage Fresh Fruit Blueberry Muffin

All meals are served with 8 ounces of 2% milk

**To reserve your meal, call 231-3076 by 10am the day before you plan to visit**

**\*Adults age 55-59, the lunch cost is \$4.25 (must be paid in advance)**

**\*Adults age 60 & over, a donation of \$1.50 per meal is requested to help offset some of the cost.**